



Tenby Cluster 2022 - 2023

RSE Curriculum Overview

	Responsibility and Identity	Sexual Health and Wellbeing	Empowerment, Safety and Respect
Nursery	<ul style="list-style-type: none"> • This is me • Spectrum workshops (healthy relationships) • Friendships • Pink or blue? • Anti-bullying week • Empathy • Wants and needs 	<ul style="list-style-type: none"> • PANTS NSPCC lesson • Internet safety • Yes or no? • Lifecycles (animals) • Keeping clean • My body • Feelings 	<ul style="list-style-type: none"> • Children's Rights • People who help us • We are all equal • Safe places • Healthy living • Respect • Mentally healthy
Reception	<ul style="list-style-type: none"> • This is me • Spectrum workshops healthy relationships • Friendships • Pink or blue? • Anti-bullying week • Empathy • Wants and needs 	<ul style="list-style-type: none"> • PANTS NSPCC lesson • Internet safety • Yes or no? • Lifecycles (animals) • Keeping clean • My body • Feelings 	<ul style="list-style-type: none"> • Children's Rights • People who help us • We are all equal • Safe places • Healthy living • Respect • Mentally healthy
Year 1	<ul style="list-style-type: none"> • Friendships • Anti-bullying week • Strengths and ambitions • Gender equality • Empathy • Growth mindset • Families at home 	<ul style="list-style-type: none"> • PANTS NSPCC lesson • E-safety • Consent (Digiduck) • Human lifecycle • Personal hygiene • Healthy living • Walking in someone else's shoes (perceptions) 	<ul style="list-style-type: none"> • Personal power • Medicine -drugs (PC Davies) • Fairness and discrimination • Appropriate behaviour towards others • Children's rights • Mental health • Seeking help

<p>Year 2</p>	<ul style="list-style-type: none"> • Friendships • Anti-bullying week • Strengths and ambitions • Gender equality • Empathy • Growth mindset • Families at home 	<ul style="list-style-type: none"> • PANTS NSPCC lesson • E-safety • Consent • Human lifecycle • Personal hygiene • Healthy living • Walking in someone else's shoes (perceptions) 	<ul style="list-style-type: none"> • Personal power • Medicine -drugs (PC Davies) • Fairness and discrimination • Appropriate behaviour towards others • Children's rights • Mental health • Seeking help
<p>Year 3</p>	<ul style="list-style-type: none"> • Gender equality • Spectrum healthy relationships • Empathy Lab • Friendship circles • Anti-bullying • Family tree • Identify (positive and negative thoughts) • Self-worth 	<ul style="list-style-type: none"> • PANTS • Emotions • Appropriate and inappropriate touch • Consent • New beginnings/life cycles • Body positivity • Personal hygiene SENSE scheme • Healthy lifestyles 	<ul style="list-style-type: none"> • UNCRC (children's rights) • Decision making • First aid (young life savers) • Safe environments (e.g. life guards, fire service etc) • Equality vs equity (Sports Wales) • E-safety • Respecting differences (Black History Month) • Anti-social behaviour (safe and unsafe risk)
<p>Year 4</p>	<ul style="list-style-type: none"> • Gender equality • Spectrum healthy relationships • Empathy Lab • Friendship circles • Anti-bullying • Family tree • Identify (positive and negative thoughts) • Self-worth • Action for Children 	<ul style="list-style-type: none"> • PANTS • Emotions • Appropriate and inappropriate touch • Consent • New beginnings/life cycles • Body positivity • Personal hygiene SENSE scheme • Healthy lifestyles 	<ul style="list-style-type: none"> • UNCRC (children's rights) • Decision making • First aid (young life savers) • Safe environments (e.g. life guards, fire service etc) • Equality vs equity (Sports Wales) • E-safety • Respecting differences (Black History Month) • Anti-social behaviour (safe and unsafe risk)

<p>Year 5</p>	<ul style="list-style-type: none"> • Strengths and ambitions • Healthy relationships and friendships • Resolving conflict • Identity and stereotypes (SPECTRUM gender stereotyping) • It's your choice (School Beat) and follow up lessons • Growth mindset 	<ul style="list-style-type: none"> • Our bodies • Learning about my body • Maturity and attraction to others • Understanding consent • Puberty • Sourcing trustworthy information 	<ul style="list-style-type: none"> • Hygiene (e-bug resource) • Rights of the Child (harm and abuse) <ul style="list-style-type: none"> • Healthy eating • First aid (Restart a heart day) <ul style="list-style-type: none"> • Griff's Story (School Beat) <ul style="list-style-type: none"> • Fire talk • Online safety
<p>Year 6</p>	<ul style="list-style-type: none"> • Strengths and ambitions • Healthy relationships and friendships • Resolving conflict • Identity and stereotypes (SPECTRUM gender stereotyping) • It's your choice (School beat) and follow up lessons • Growth mindset 	<ul style="list-style-type: none"> • Our bodies • Learning about my body • Maturity and attraction to others • Understanding consent • Puberty • Pregnancy and birth • Reproduction and fertility 	<ul style="list-style-type: none"> • Hygiene (e-bug resource) • Rights of the Child (harm and abuse) <ul style="list-style-type: none"> • Healthy eating • First aid (Restart a heart day) <ul style="list-style-type: none"> • Griff's Story (School Beat) and follow on lessons <ul style="list-style-type: none"> • Fire talk • Online safety