

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>14/11/2022</b> <b>05/12/2022</b> <b>09/01/2023</b> <b>30/01/2023</b>	Hot dog in a roll  Thick cut chips  Baked beans	Mexican Beef Taco boat  Rice  Peas & Sweetcorn	Roast Chicken with Stuffing  Creamed Potatoes  Gravy  Carrots & broccoli	Pasta bolognaise  Garlic bread  Mixed vegetables	Bubble Salmon  Thick Cut chips  Baked beans
<b>Vegetarian option</b>	Vegetarian hot dog  Thick cut chips  Baked beans	Mexican Bean taco boat  Rice  Peas & Sweetcorn	Glamorgan Slice  Creamed potatoes  Gravy  Carrots & broccoli	Vegetable Pasta bolognaise  Garlic bread  Mixed vegetables	Margarita pizza  Thick cut chips  Baked beans
<b>Sandwich or Jacket Potato</b>	Cheese Sandwich  Vegetable crudities	Jacket potato With cheese, beans or tuna  Peas & Sweetcorn	Tuna Sandwich  Carrot sticks	Jacket potato With cheese, beans or tuna  Garlic bread  Mixed Vegetables	Egg Sandwich  Carrot sticks
<b>Dessert</b>	Flapjack  Or  Fruit wedges	Toffee Apple Crumble & Custard  or  Fruit wedges	Peach melba  or  Fruit wedges	Chocolate sponge with white sauce  or  Fruit wedges	Oaty cookie  or  Fruit wedges

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>21/11/2022</b> <b>12/12/2022</b> <b>16/01/2023</b> <b>06/02/2023</b>	<a href="#">Cowboy brunch</a>  Pork sausage  Scrambled egg  Potato Waffles  Baked Beans	Mild Fruity Chicken curry  Rice  Peas    	Braised beef in Yorkshire pudding  Creamed Potato  Gravy  Carrots & broccoli    	Pork meatballs in a tomato sauce  Pasta  Mixed vegetables    	Fish Fingers  Thick Cut chips  Baked beans    
<b>Vegetarian option</b>	<a href="#">Veggie Cowboy brunch</a>  Veggie sausage  Scrambled egg  Potato Waffles  Baked Beans	Sweet potato & chickpea curry  Rice  Peas    	Lentil & vegetable bake  Creamed potato  Gravy  Carrots & broccoli    	Veggie balls in a tomato sauce  Pasta  Mixed vegetables    	Margarita pizza  Thick cut chips  Baked beans    
<b>Sandwich or Jacket Potato</b>	Cheese Sandwich  Vegetable crudities	Jacket potato With cheese, beans or tuna  Peas	Tuna Sandwich  Carrot sticks	Jacket potato With cheese, beans or tuna  Mixed Vegetables	Egg Sandwich  Carrot sticks
<b>Dessert</b>	Jammy Bun  or  Fruit wedges	Fruit crumble & custard  or  Fruit wedges	Fruit yoghurt jelly  or  Fruit wedges	Syrup sponge & custard  or  Fruit wedges	Chocolate cookie  or  Fruit wedges

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
07/11/2022 28/11/2022 19/12/2022  23/01/2023 13/02/2023	Fish fingers  Creamed potatoes  Baked Beans	Chicken wrap  Thick Cut Chips  Fruity coleslaw	Pork sausage  Creamed Potatoes  Gravy  Carrots & broccoli	Lasagne  Garlic bread  Peas	Bubble Salmon  Thick Cut chips  Baked beans
Vegetarian option	Vegetable Grill  Creamed potatoes  Baked Beans	Cajun bean wrap  Thick cut chips  Fruity Coleslaw	Vegetable pie  Creamed potatoes  Gravy  Carrots & broccoli	Cheese & tomato pasta bake  Garlic bread  Peas	Margarita pizza  Thick cut chips  Baked beans
Sandwich or Jacket Potato	Cheese Sandwich  Vegetable crudities	Jacket potato With cheese, beans or tuna  Fruity Coleslaw	Tuna Sandwich  Carrot sticks	Jacket potato With cheese, beans or tuna  Peas	Egg Sandwich  Carrot sticks
Dessert	Lemon feather sponge & custard  or  Fruit wedges	Marbled muffin  or  Fruit wedges	Apple Rumble Pudding & Custard  or  Fruit wedges	Fruity yoghurt  or  Fruit wedges	Apple & sultana cookie  or  Fruit wedges